## BREASTFEEDING SUPPORT GROUP

FOR PREGNANT MOTHERS, NEW MOTHERS, EXPERIENCED MOTHERS, AND THEIR SUPPORT PEOPLE.



### First and Third SATURDAY MORNINGS of each month

#### 9–10 am in the Atchison Hospital Cafeteria (see back for 2019 schedule)

Regardless of where you delivered your baby, you are invited to attend this group designed to support the breastfeeding mother, provide eduation, and help struggling mothers. Weight checks are available. Please join us!

### **RIGHT** from the **START**



# BREASTFEEDING SUPPORT GROUP 2019 SCHEDULE

Please check atchisonhospital.org for any schedule changes or updates.

JANUARY 5 and 19 FEBRUARY 2 and 16 MARCH 2 and 16 APRIL 6 and 20 MAY 4 and 18 JUNE 1 and 15 JULY 6 and 20 AUGUST 3 and 17 SEPTEMBER 7 and 21 OCTOBER 5 and 19 NOVEMBER 2 and 16 DECEMBER 7 and 21